



# 1 on 1 Fitness Training class schedule

	monday	tuesday	wednesday	thursday	friday	saturday	sunday
6:00	Bootcamp	NEW CLASSES COMING SOON	Bootcamp	NEW CLASSES COMING SOON	Bootcamp		
7:00	Yoga		Yoga			NEW CLASSES SOON	
8:00						Bootcamp	
9:00						Yoga	
9:30							Yoga
10:00						Zumba	BootC
11:00							
12:00							
1:00							
2:00							
3:00							
4:00		NEW CLASSES COMING SOON					
5:00							
6:00	Bootcamp	Muay Thai	Bootcamp	Zumba	Muay Thai	Bootcamp	
6:30	Jiu Jitsu		Jiu Jitsu			Jiu Jitsu	
7:00		Bootcamp		Bootcamp			
7:30	Muay Thai		Muay Thai			Muay Thai	
8:00							

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